1. **Eligibility Conditions**

   a. **Age**

<table>
<thead>
<tr>
<th>Eligibility Category</th>
<th>Min. Age</th>
<th>Max. Age</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intermediate or Equivalent</td>
<td>17-22 Y</td>
<td>17-22 Y</td>
<td>Relaxable for 3 months both in upper and l</td>
</tr>
<tr>
<td>Graduates (2 yrs graduation) &amp; Serving PN/PAF</td>
<td>17-23 Y</td>
<td>17-23 Y</td>
<td></td>
</tr>
<tr>
<td>Serving Programme BS/BA Hon</td>
<td>17-24 Y</td>
<td>17-24 Y</td>
<td></td>
</tr>
<tr>
<td>Serving Soldiers</td>
<td>17-25 Y</td>
<td>17-25 Y</td>
<td></td>
</tr>
</tbody>
</table>

   b. **Gender.** Male.

c. **Marital Status.** Unmarried (Married serving personnel of the Armed Forces over 20 years of age are eligible).


e. **Physical Standards**

   (1) **Minimum Height** - 5’- 4” (162.5cm)

   (2) **Weight** - As per the Body Mass Index
2.

**Ineligibility Conditions**

- **a.** “Not Recommended” twice by ISSB/GHQ Selection & Review Board
- **b.** Declared medically unfit by Military Hospital/ Appeal Medical Board.
- **c.** Enrolled cadets and recruits withdrawn/ resigned /discharged/ dismissed from Armed Forces (Army, Navy & Air Force) training academies/institutions on the grounds of discipline, character, medical, inefficiency, weak profile, or declared unsuitable.
- **d.** An individual dismissed/removed from any other government service.
- **e.** Convicted by a Court of Law for an offence involving moral turpitude.
3. **Registration and Preliminary Selection Procedure.** Candidates can either register through Internet or by visiting Army Selection and Recruitment Centres (AS&RCs). Following procedure will be adopted:-

a. **Registration Through Internet.** A candidate can register on website www.joinpakarmy.gov.pk. Date and time of test shall be intimated on internet for which the individual should have an e-mail account. Candidate will report on exact date and time given for preliminary test on computerized roll no slip. Date once given will not be changed. Candidates will also bring along all documents mentioned in para 6 and will pay prospectus fee on the day of test. Candidates MUST attain working knowledge of computer as registration and tests will be conducted on computers.

b. **Registration at AS&RCs.** The candidates may report at nearest AS&RCs for registration / allotment of roll no along with necessary documents mentioned in para 6 and the prospectus fee for completion of registration formalities. The candidates will bring these documents on the day of test as well.

c. **Schedule of Registration / Preliminary Tests.** Registration and Preliminary Tests will be held as per announced schedule.

**Note:** Repeater candidates must report at concerned AS&RCs for preliminary tests.

d. **Preliminary Selection**

(1) **Written/ Intelligence Tests.** Written/Intelligence tests will be based on multiple choice questions from English, Maths, Pak Studies, Islamiat and General Knowledge. The candidates declared successful in written/intelligence tests will undergo physical / medical tests and interviews at AS&RCs.
(2) **Physical Tests.** The candidates must qualify the following physical standards at the time of preliminary selection:-

(a) 1.6 Km Run - 8 ½ minutes  
(b) Push Ups - 15 repetitions in 2 minutes  
(c) Sit Ups - 15 repetitions in 2 minutes  
(d) Chin Ups - 3 repetitions in 2 minutes  
(e) Ditch Crossing - 7’4” x 7’4” with a depth of 4’

(3) **Interview.** Successful candidates will be interviewed at AS&RC and short listed for ISSB test.

(4) Successful candidates will receive notice for ISSB tests through website as well as call up letter.

4. **Further Selection.** Candidates who are selected by AS&RCs will be called for ISSB Test by GHQ. Medical examination of ISSB recommended candidates will be carried out at nearby CMHs. The final selection will be made at GHQ on the basis of candidate’s overall performance.

5. **Training Period at PMA.** 2 Years.

6. **Documents Required at AS&RCs**


   b. Computerized National Identity Card for 18 years and above or Computerized Form “B” alongwith Guardian’s Computerized National Identity Card (Father or Mother) for less than 18 years old.

   c. One set of attested photocopies of above mentioned documents.

   d. 6 x Coloured photos duly attested (front and back) by Principal/Class 1 Gazetted Officer.

   e. Original as well as three photocopies of “NOT RECOMMENDED” letter by ISSB are also required for “Repeater Candidates”.

   **Note:** - Old National Identity Card and Form “B” will not be accepted.
7. **PAKISTAN NATIONALS RESIDING ABROAD.** Eligible candidates residing abroad are exempted from Preliminary Selection. However, Defence Attaches will ascertain their overall suitability, physical deformity and stammering aspects. The candidates are advised to approach Pakistani Embassies (Military/Defence Attaches) in the country where residing or Personnel Administration Directorate PA-3(a), GHQ Rawalpindi, for issuance of Application Forms. They will submit their Application Forms alongwith connected documents through Pakistani Embassies. A postal order of Rs. 100/- and a Bank Draft of Rs. 500/- in the name of Director Personnel Administration (Selection), Personnel Administration Directorate, GHQ Rawalpindi will be attached with the Application Form. Postal address in Pakistan should also be indicated in the Application Forms so that call up notice for ISSB Tests/ Interviews and further correspondence to eligible candidates can be made on the given Pakistani address. No traveling allowance will be admissible for traveling to and from Pakistan.

**Note:** If selected candidates for current entry are more than the required induction, the left over candidates would be considered for next PMA Long Course entry subject to fulfillment of eligibility conditions / merit.

For further details visit

www.joinpakarmy.gov.pk

OR

Nearest Army Selection and Recruitment Centres at Rawalpindi, Lahore, Karachi, Peshawar, Quetta, Gilgit, Hyderabad and Multan.

Email your queries on

webmaster@joinpakarmy.gov.pk

For ISSB call up notices visit

www.issb.com.pk